



**Topiwala National Medical College and BYL Nair Charitable  
Hospital, Mumbai.**

**DEPARTMENT OF PHYSIOLOGY**

*IN COLLABORATION WITH*

**TNMC STAFF SOCIETY**

*presents*

Continuing Medical Education on

**“Obesity and it's implication on health – current concept”**

**30 and 31<sup>th</sup> Aug 2012, 8:30 am – 4:30 pm**

At Auditorium, ground floor, college building, TNMC & BYLNH.

**Advisor**

**Dr. M. K. Sanjana  
(Ag. Dean, TNMC & Nair Hospital)**

**Organizing Chairman**

**Dr. (Mrs.) Brinda Venkatraman  
(HOD, Dept. Of Physiology)**

## Programme Schedule - August 30<sup>th</sup> 2012 (Day 1)

Time	Speaker	Topic
8:30 – 9:30 am	Registration	
9:30 – 10:00 am	<b>Dr. Brinda Venkatraman</b> (Head, Dept. of Physiology, TNMC)	Pathophysiology of obesity
10:00 -10:30 am	Breakfast	
10:30 – 11:00 am	Inauguration and key-note address	
11:00 – 11:30 am	<b>Dr. M. Phadke</b> (Head, Dept. of Biochemistry, TNMC)	Metabolic inter-relationship in obesity
11:30 – 12:00 noon	<b>Dr. S.R.Suryawanshi</b> (Head, Dept. of P.S.M., TNMC)	Epidemiology of obesity
12:00 – 1:00 PM	<b>Dr. H. Chandalia</b> (Endocrinologist, DENMARC, Mumbai)	Obesity and hormones
1:00 -2:00 pm	Lunch	
2:00 – 2:45 pm	<b>Dr. Jyotsna Joshi</b> (Head, Resp. Medicine, TNMC)	Respiratory problems in obesity
2:45 – 3:30 pm	<b>Dr. Aashish Contarctor</b> (Asian Heart Institute)	Cardio-vascular problems in obesity
3:30 – 4:15 pm	<b>Dr. Harish Shetty</b> (Consultant Psychiatrist)	Psychological disorders and obesity
4:15 pm	Tea break and feed-back	

## Programme Schedule - August 31<sup>st</sup> 2012 (Day 2)

Time	Speaker	Topic
8:30 – 9:00 am	Registration	
9:00 – 9:45 am	<b>Dr. Renuka Munshi</b> (Ag. HOD, Clinical Pharmacology, TNMC)	Pharmacotherapeutics in obesity
9:45 – 10:00 am	Breakfast	
10:00 – 10:30 am	<b>Dr. Taher sheikh</b> (Surgeon, Saifee Hospital)	Surgical management in obesity
10:30 – 12:00 noon	Complementary and alternative medicine in obesity treatment	
	<b>Dr. Anaya Patrikar</b> (Consultant, Ayurvedic Medicine)	Ayurveda
	<b>Dr. Dhaval Modi</b> (Consultant, Homeopathic Medicine)	Homeopathy
	<b>Dr. Jayesh Mehta</b> (Consultant, Naturopathy)	Naturopathy
12:00 – 1:00 pm	Lunch	
1:00 – 3:00 pm	Panel discussion- Lifestyle modifications in obesity	
	<b>Ms. Rujuta Diwekar</b> (Nutrition Consultant)	Nutrition and obesity
	<b>Dr. Ruchira Tendolkar</b> (Technical Director, BFY-Sports and fitness, India)	Exercise and obesity
	<b>Dr. Niranjan Patel</b> (Sr. Medical Yoga Consultant, Kaivalyadham)	Yoga and obesity
	Summarization by chair person	
3:00 – 4:30 pm	Valedictory function/Feedback/Tea	

**Maharashtra Medical Council has granted 04 Credit hours for delegates.**

Registration is Mandatory

**Registration fees:** Rs. 200 /- per person.

**Spot registration:** if available Rs.300 per person.

**Registration:** Between 10:00am to 3:00 pm weekdays.

**Last date :** 21<sup>st</sup> August

**For Registration**

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**Organizing Secretary**  
Dr. (Mrs.) Chitra Pillai  
Dr. Surendra Wadikar

**Programme Co-ordinators**  
Dr. (Mrs.) Bhakti Kharate  
Dr. (Mrs.) Sonali Pande

**Committee Members**

Dr. Umesh Patkar  
Dr. Mohd. Abbas  
Dr. (Mrs.) Seema Borhaniya  
Dr. (Mrs.) Mukta Bidikar  
Dr. Sachin Rathod  
Dr. Mohmmmed Taufiq  
Dr. Parikshit Muley